"True education means more than the pursual of a certain course of study. It means more than a preparation for the life that now is. It has to do with the whole being, and with the whole period of existence possible to man. It is the harmonious development of the physical, the mental, and the spiritual powers. It prepares the student for the joy of service in this world and for the higher joy of wider service in the world to come." -- *Education*, p. 13.
In the earliest efforts of the Seventh-day Adventist Church to plan for the education of its young people, Ellen White was foremost in urging a system separate from the public school program. She saw the education of young people as an opportunity to develop the total person -- the physical, the mental, and the spiritual. "It is the nicest work ever assumed by men and women to deal with youthful minds," declared Ellen White in her first major published statement on education appearing in 1872. Today the Adventist educational system is one of the largest undertaken by any church in the world. Adventist schools from the beginning have been evangelistic agencies.

A first compilation by Ellen White on education appeared in 1893 titled *Christian Education*. This 255-page book was a grouping of materials drawn together from published and manuscript sources. It served as Ellen White's basic statement on education for ten years. Then, in 1903, *Education* appeared, replacing the earlier book as an enlarged and well-rounded presentation written for both Adventists and non-Adventists.

Parents, teachers, and students will benefit from a study of its pages. But more than this, the counsel is of value in a general way to all readers, with its insights into Christ's methods of working, the importance of the study of the Bible, and the value of vocational programs, to mention a few areas. Its sound principles have been admired as the ideal in education by many authorities beyond the church.

This study guide can be considered useful for prayer meetings, youth groups, and teachers and parents. The reader's attention should be drawn to two books for companion study -- *Fundamentals of Christian Education* and *Counsels to Parents, Teachers, and Students*. A third, *Counsels on Education*, reproducing the education counsels found in the nine volumes of *Testimonies for the Church*, is available in English only.

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LESSON ONE--FIRST PRINCIPLES
Reading assignment: pages 13-30

1. "True education means more than the ______________ of a certain __________ of __________. It means more than a ______________ for the __________ that now is. It has to do with the ______________, and with the whole period of ______________ possible to man." (13)

2. What two joys does true education prepare the student for? (13)

________________________________________________________________________

3. How does nature illustrate the thought that the world’s great thinkers only reflect Christ? (14)

________________________________________________________________________

4. In what communion is found the highest character? (14)

________________________________________________________________________

5. In order to understand what is comprehended in the work of education, what four things do we need to consider? (14, 15)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

6. Make a comparison study of what Adam was physically, mentally, and spiritually at Creation and what he became after he sinned. (15) _____________________________

________________________________________________________________________

7. What is the "object of education, the great object of life?" (15, 16)

________________________________________________________________________
________________________________________________________________________

8. What is the basis of creation, redemption, and of true education? (16)

________________________________________________________________________
________________________________________________________________________

9. "___________________________ underlies all true ___________________________." (16)

________________________________________________________________________

10. Why do we need more than nature to help us to understand God? (17)

________________________________________________________________________
11. What power do we have that is "akin to that of the Creator"? (17)
________________________________________________________________________
________________________________________________________________________

12. "It is the work of true education to develop this power, to train the _______ to be
__________, and not mere _____________ of other men's ____________." (17)

13. Finish the following sentence: Our institutions of learning should "send forth men
___________________________ ____________________________." (18)

14. "Higher than the highest ___________________________ can reach is God's ________
for His children. Godliness - __________________--- -- is the goal to be reached." (18)

15. What passport will the right education give to every student? (19)
________________________________________________________________________

16. In the model school set up at Creation, the "__________ of ___________ was the
schoolroom, _________ was the lesson book, the ___________ _____________ was
the instructor, and the ___________ of the ___________ ______________ were the
students." (20)

17. Summarize the physical, mental and spiritual endowments that were given to Adam and Eve
in the beginning. (20) ___________________________________________________________________
________________________________________________________________________

18. For Adam and Eve useful occupation was given "to strengthen the _________, to expand
the ______ and to develop the ___________________." (21)

19. Note the things in the book of nature that taught Adam and Eve. (21)
________________________________________________________________________
________________________________________________________________________

20. For what several reasons were our first parents given the power of choice?
________________________________________________________________________
To accomplish this, what did God place in the Garden of Eden? (23)
________________________________________________________________________

21. What did Satan (the serpent) claim to be the result of eating of the forbidden tree? (24)
________________________________________________________________________

21. What two things did Adam and Eve gain by eating of the forbidden tree? (25)
(a) _______________________ (b) ____________________________
23. "It was ______________ of God's ______________, ______________ of His ______________, and ______________ of His ______________ that made our first parents transgressors." (25)

24. Adam and Eve were driven from Eden because "its perfection could not teach them ______________ ______________________________________________________________________." (25)

25. After sin what lessons could man learn from nature that he did not know before? (26)
________________________________________________________________________

26. How was man's relationship to the other creatures changed because of sin? (26)
________________________________________________________________________
________________________________________________________________________

27. Why did God pronounce sentence of death upon Satan before telling our first parents the results of sin in their lives? (27) ______________________________________________________________________

28. How does nature, even though marred by sin, continue to testify to God's love and healing power? (27) ______________________________________________________________________

29. "While Christ opens ______________ to man, the life which He ______________ opens the heart of ______________ to heaven." (28)

30. What three things does sin do to us? (28, 29)
(a) ______________________________________________________________________
(b) ______________________________________________________________________
(c) ______________________________________________________________________

31. "Not only ______________ but ______________ power, a perception of ______________, a desire for ______________, exists in every ______________." (29)

32. Because of sin, there is in man's nature "a bent to ________, a ______________ which, unaided, he cannot ______________." Where only can man get the power to resist? (29) ___________

33. Why is the following statement true? "In the highest sense the work of education and the work of redemption are one." (30) ______________________________________________________________________
LESSON TWO -- ILLUSTRATIONS
Reading assignment: pages 33-70

1. "The system of education established in Eden centered in the ________." "The family was the ________________, and the parents were the ________________." (33)

2. In what several ways did God seek to strengthen the faith of the Israelites in their journey through the desert to Canaan? (34)
   __________________________________________
   ____________________________________________________________________

3. Why did the Lord give Israel a sanctuary in which to worship in the wilderness? (35)
   ___________________________ ________________________________

4. Israel was to learn what lessons in labor and in giving for the sanctuary? (37)
   __________________________________________
   ____________________________________________________________________

5. For what two reasons were sanitary regulations enforced in Israel? (38)
   (a) __________________________
   (b) __________________________

6. "The education of the Israelites included all their ________ of ________." How is this requirement of God demonstrated as wise?
   __________________________________________
   ____________________________________________________________________

7. At what two times in their journey through the wilderness did Israel learn lessons by singing? (39)
   (a) __________________________
   (b) __________________________

8. In what several ways was Israel blessed by song? (39)
   __________________________________________
   ____________________________________________________________________

9. "True education is not the ________________ of instruction on an ________________ and ________________ mind. The ________________ powers must be awakened, the __________________ awakened." (41)

10. Consider several of the ways that God gave lessons to Israel. (41)
    ____________________________________________________________________

11. "In the arrangements for the education of the chosen people it is made manifest that ____________________________ _____________________________." (41)
12. In what ways were the yearly feasts used to educate Israel? (41-43)
______________________________
______________________________

13. How was every family safeguarded from the extremes of wealth or poverty? (43)
______________________________
______________________________

14. What *double* purpose was served by letting the land lie fallow every seventh year? (43) (a)  
______________________________  (b)  ________________________

15. What was tithing designed to teach Israel? (44) ________
______________________________

16. Why did God introduce prophets into the education of Israel? (45, 46)
______________________________
______________________________

17. "In the ______________________ the prophet was one who spoke by ________  
______________________________, communicating to the people the ________________ he  
had received from ______." (46)

18. Name *three* purposes that were served by the schools of the prophets. (46)
________________________________________________________________________  
________________________________________________________________________

19. "Every ________________, whether his ___________ were rich or poor, was taught some  
____________________________________." (47)

20. List the chief subjects of study in the schools of the prophets. (47)
________________________________________________________________________  
________________________________________________________________________  
Discuss.

21. On what basis did the Lord pronounce David "a man after mine own heart?" (48)
________________________________________________________________________

22. What were the consequences to Solomon of casting off his allegiance to God? (49)
________________________________________________________________________

23. Discuss the following statement: "The discipline and training that God appointed for Israel  
would cause them, in all their ways of life, to differ from the people of other nations." (49)
________________________________________________________________________
24. As the lives of Joseph, Daniel, Moses, Elijah, and Paul are studied, consider their education in early years versus later years. (51-70) ____________________________

25. Discuss the statement: "Joseph bore alike the test of adversity and of prosperity." (52) ____________________________

26. What were the two major dangers to Daniel and his companions in partaking of food from the king's table? (55)
   (a) ____________________________
   (b) ____________________________

27. What character qualities distinguished Daniel? (56) ____________________________

28. Complete the following quotation: "The greatest want of the world is the want of men-- (57) ____________________________
   ____________________________
   ____________________________
   _________________."

29. " __________, __________, __________, are but lent _______________." (57)

30. What tests did Elisha successfully pass in his prophetic training? (58) ____________________________

31. "Through no other woman, save Mary of Nazareth, has the world received greater blessing." Who is this, and why was such a statement made? (61) ____________________________

32. What did Moses learn: (a) From Egypt? _______________ (b) From God in Midian? _______________ (62)
33. How did Paul's background as a fiery, intellectual rabbi fit him to be a Christian? (64)

34. Contrast the Jewish rabbis with the followers of Jesus. (65)

35. Study the methods that Paul used as he
   (a) spoke to the heathen Lystrians,
   (b) sang in the dungeons of Phillipi,
   (c) reasoned before the council at Athens, and
   (d) appeared in the court of Festus. (66, 67)

36. "Moses counted the _______________ of Christ greater riches than the
    _______________ in Egypt. He counted it so _______________________." (68)
LESSON THREE--THE MASTER TEACHER
Reading assignment: pages 73-96

1. It would be helpful to make a listing of the principles of good teaching as illustrated by Christ from the two chapters in this section. Many of these will be dealt with as the study progresses. ________________________________________________________________
   ____________________________________________________________________
   ____________________________________________________________________

2. "In the _____________ sent from God, _______________ gave to men its __________ and __________." (73)

3. When Christ appeared on this earth in person, "_________ _______________ had taken the place of divine revelation. Instead of the heaven-given _______________________ of truth, men had accepted a standard of their own _________ _______
   ____________________________________________________________________
   ____________________________________________________________________" (74)

4. List some of the wrong ideas of God that men had when Christ was here. (75, 76) _____________________________________________________
   ____________________________________________________________________

5. Christ came to restore the knowledge of ___________. (76)

6. List four things that God's law is designed to do for human beings. (76, 77)
   a) ___________________________________________________________________
   b) ___________________________________________________________________
   c) ___________________________________________________________________
   d) ___________________________________________________________________

7. What were some of the conditions and surroundings in Christ's early life? (77) __________
   ____________________________________________________________________

8. The education of Christ was gained from:
   (a) ___________________________________________________________________
   (b) ___________________________________________________________________
   (c) ___________________________________________________________________. (77)

9. What Christ taught He ___________. (78)

10. How can we explain that though Christ was a faithful reprover and denouncer of wrong, yet He drew people to Him? (79) ____________________________________________________________
    ____________________________________________________________________
11. "Looking upon them with hope, He [Christ] inspired ________. Meeting them with
____________________, He inspired _____ . Revealing in Himself man's ____________,
He awakened . . both ______________ and ______." (80)

12. The everyday experience of Christ was "an outpouring of His life." How did He do this?
What lesson is there in this for us? (80) ____________________________________
____________________________________________________________________
____________________________________________________________________

13. Why didn't Jesus' teaching deal with mysteries and scientific lines and abstract theories? (81)
__________________________________________________________

14. What did Jesus teach instead of theories? (81) __________________________________
_______________________________________________________________________

15. "Never can there be a ______________________ of life, a _________________ in human
_______________, which has not been____________________ in His ___________
______________________________." (81)

16. Jesus spoke "to the little child in the ________________ of
__________________________; to the ____________, ________________________ heart
of youth; to men in the ________________ of their _________, bearing the burden of
_________________________ and care; to the aged in ____________ ___________
and ____________." (82)

17. Where is the most complete illustration of Christ's methods as a teacher found? (84)
______________________________________________________________________

18. The first pupils of Jesus were "unschooled in the _______ _______ and __________ of the
________________, but trained by the _______ ________________________ of ________
and __________." (85)

19. "In the _______________ walks of life there is many a ___________ patiently treading
the ______________ of his daily ____________, unconscious of latent _______________ that,
roused to ________________, would place him among the world's ___________
____________________." (85)
20. Give a one-line characterization of each of the following disciples: (85, 86)

Levi Matthew

__________________________

Simon

__________________________

Peter

__________________________

Andrew

__________________________

Judas

__________________________

Phillip and Thomas

__________________________

James

__________________________

Jude

__________________________

Nathaniel

__________________________

James and John (Sons of Zebedee)

__________________________

21. Consider the character of John. (87, 88) _________________________________________

__________________________

22. Consider the character of Peter. (88, 89) _________________________________________

__________________________

23. What finally accomplished the total conversion of Peter? (89) _________________________

__________________________

24. Which disciple, until near the end, never had direct reproof from Christ? Why? (91, 92)

__________________________

25. What are the reasons that Judas never totally committed himself to Jesus? (91, 92)

__________________________
26. Though the heart of Judas was never won to Christ, what was accomplished for the rest of the disciples as a result of Jesus’ treatment of him? (93) ____________________
________________________________________________________________________

27. What three events swept away the self-sufficiency of the disciples? (94)
________________________________________________________________________
________________________________________________________________________

28. Though Jesus personally taught His disciples, how did they receive their final preparation for their lifework? (95) ____________________________
1. "For all the ____________ of His ____________ the condition is the same--a life __________________ by receiving the ___________ of God, a life ____________ in harmony with the Creator's __________." (99, 100)

2. One of the best sources of learning for a little child before the printed page can be read is ______________. (100)

3. Evil can be seen in what things in nature? ____________

   _______________________________________________

   The love that restores can be seen in what other things in nature? (101)

   _______________________________________________

   _______________________________________________

4. "Only in the ____________ that shines from ____________ can nature's ________________ be read aright." (101)

5. Jesus’ teaching "drew illustrations also from the ________ of ____________, _____________ of ________________ familiar to the hearers." In what way did this make for a long-lasting impression upon those who heard? (102)

   _______________________________________________

6. "All things both in heaven and in earth declare that the great law of life is a law of service." Provide several illustrations of this statement. (103, 104) ______________

   _______________________________________________

   _______________________________________________

   _______________________________________________

7. What can we learn from the parable of the growing seed regarding:

   (a) Man's part __________________________________

   (b) God's part __________________________________

7. "The germination of the seed represents the __________ of ______________ ____________, and the development of the plant is a figure of the ______________ of ____________." (105)

8. Explain the following statement: "At every stage of development our life may be perfect; yet if God's purpose for us is fulfilled, there will be constant advancement." (106)

   _______________________________________________
10. "Parents and teachers should aim so to ________________ the _________________ of the youth that at each stage of _____ they may represent the ________________ appropriate to that ________________, unfolding ________________, as do the plants in the _________________." (107)

11. What everyday miracle does the feeding of the 5000 illustrate? (107) ____________________________________

12. What does the following statement mean? "It is in appearance, not in reality, that evil succeeds." (108, 109) ______________________________________________________

13. What lessons can we learn from a single grain of wheat? (109) ____________________________________

14. Explain the following statement: "The lesson of seed sowing teaches liberality." (109, 110) _______________________________________________________

15. What is the lesson in casting grain into the earth? (110) __________________________________________

16. The seed dies to spring forth into new life. What is the lesson? (110, 111) ______________________________________________

17. What is the lesson in the tilling of the soil? (111) _______

18. The special needs of every variety of plants must be studied. How does this apply to teaching? (111, 112) ______________________________________________________

19. Illustrate how God's healing power runs through all nature. (113) _______________________________________________________

20. What is the spiritual application of the healing power of God? (113, 114) _________________________________

20. When we "examine under the microscope the smallest and commonest of wayside blossoms," what can we learn? (114) _________________________________
22. "As the _______ in the cloud results from the _________ of sunshine and _________, so
the bow above _______ ________ represents the _________ of His _________ and His
_______________________." (115)

23. What lesson can we learn from the stars? (115, 116) ___
______________________________________________

24. What is the lesson of the palm tree? (116) _____________
______________________________________________

25. What is the lesson of the "wide, deep river" and the "little rills?" (116, 117)
______________________________________________
______________________________________________

26. What lessons can the children learn from the creatures of God? (117, 118)
______________________________________________
______________________________________________

27. What does the eagle of the Alps teach us? (118, 119)
______________________________________________

28. How can we learn from the tree and the water lily? (119)
______________________________________________

29. Answer the following question: "Why was not all colored a somber brown?" (119)
______________________________________________

30. The objects in nature are to be searched out to illustrate Bible teachings. Provide illustrations
from personal observation. (120) __________________________
______________________________________________
1. "For the _________ and the  ________, as well as for the ___________,  it is God's law that _________ is acquired by _________________. It is _______________ that _______________ ." (123)

2. Why is the following statement true? "The most valuable teaching of the Bible is not to be gained by occasional or disconnected study." (123) ______________________

3. List several ways that Bible study can develop our mental power. (124)

4. "The mind __________ with _______________ matters only, becomes ___________ and ________." (124)

5. Demonstrate how the Bible has "something to interest every mind." (125)

6. What is the central theme of the Bible? (125) __________

7. "The science of ______________ is the science of all sciences;... This is the highest __________ in which it is possible for men to __________." (126)

8. How will acquaintance with Bible characters affect our present life? (127)

9. "Science is ever _______________ new wonders; but she brings from her ______________ nothing that, rightly ________________, conflicts with ________ ________________ ." (128)

10. "Rightly understood, both the ______________ of ______________ and the ______________ of __________ are in harmony with the ______________ of ______________ to the constant working of God in nature." (130)

11. Is the following statement true or false? Once God created the world it has continued in motion on its own. Explain your answer. (131) ______________________________
12. "The hand that ________________________ the worlds in ______, the hand that holds in their ___________ ___________ and tireless _________________ all things throughout the ___________ of God, is the hand that was ____________ to the ___________ for us." (132)

13. What five principles of business are suggested as the secret of true success? (135)
   __________________ __________________ ____________ __________________
   __________________

14. Solomon, the wise man, has given us several principles of good business. Be prepared to put the several statements in Proverbs into a "modern translation." (135, 136)
   ______________________________________________________________

15. What "lies at the foundation of business integrity and of true success"? (137)
   ____________________________
   ____________________________

16. How is the tithe different from other obligations to the Lord? (138, 139)
   ______________________________________________________________

17. What is our stewardship obligation to our fellowmen? (139)
   ______________________________________________________________

18. Be prepared to discuss the various Bible texts that bring attention to faithful stewardship. (139-141) __________________ ____________________________
   ______________________________________________________________

19. List some of the qualities of a prosperous man as illustrated in the experience of Job. (142)
   ____________________________
   ____________________________

20. What are some of the results of a departure from right principles in our dealings with God and one another? (143) ______________________________________________
   ______________________________________________________________

21. What question demands consideration by every parent, every teacher, every student, by every human being, young or old? (145) __________________________
   ______________________________________________________________

22. In what ways do Bible biographies differ from others? (146)
   ______________________________________________________________
   ______________________________________________________________

23. "No truth does the Bible more clearly teach than that ________________________________." (146)
24. How does the life of Jacob illustrate that every deed reacts upon the doer? (146, 147)
__________________________________________

25. How does the experience of Levi illustrate that a curse can be turned into a blessing? (148)
__________________________________________

26. The unbelieving spies said, "We be not able to go up against the people." How did these words prove true? (149) _________________________________________

27. In contrast, how did Caleb, one of the two faithful spies, prove his right to occupy Canaan? (149) ______________ ______________________________________________

28. The strongest bulwark of vice in our world is not ________ but rather __________________. Why? (150)
__________________________________________

29. What was the one failure in the life of Elijah that cut short his life work? Discuss. (151) _____________________________________________

30. What several lessons did David learn during his life as a fugitive that helped him later as a leader? (152) _________ ______________________________________________

31. How did Solomon's early experience contrast with that of his father, David? (153, 154) ______________ ______________________________________________

32. When he turned to find satisfaction in pleasure, how did Solomon describe his disappointments? (153) __________
__________________________________________

33. List the various tests that Job was required to meet. (154, 155) ____________________________________________

34. By what actions did Jonathan demonstrate his unselfishness? (157) ____________________________________________

35. By what several ways did John the Baptist demonstrate his humility? (157) ____________________________________________
LESSON SIX--THE BIBLE AS AN EDUCATOR
PART II
Reading assignment: pages 159-192

1. Where is the earliest recorded poetry found in the Bible? (159, 160)

2. What is the earliest song recorded in the Bible and what were the circumstances? (162)

3. Why did Jehoshaphat send singers before the army praising God for the victory that had been promised? (163)

4. Read and comment on the various songs that David composed: (164, 165)
   (a) As a shepherd lad
   (b) A hunted fugitive
   (c) A dethroned and crownless king
   (d) After his great sin he recognized that on earth there is no resting place

5. What are some of the circumstances under which Jesus sang? (166)

6. What song are we to sing as earth's last great crisis draws closer? (166, 167)

7. What are some of the negative uses of song? (167, 168)

8. "As a part of__________________________, ______________ is as much an act of____________ as is ____________." (168)

9. What do you think the following statement means? "Faith must rest upon evidence, not demonstration." (169)

10. Why is the following statement true? "The mysteries of the Bible, so far from being an argument against it, are among the strongest evidences of its divine inspiration." (170)

11. What experience is "The highest evidence of the divine authorship of the Bible?" (171)
12. When the principles of the Bible have actually become the elements of character, what is the result? (172)
   __________________________________________________________________________

13. In what several ways is Bible history different from secular history? (173)
   __________________________________________________________________________
   __________________________________________________________________________

14. "In the Word of God the ________________ is drawn __________, and we behold, ____________, ____________, and ____________ all the play and counterplay of human ____________, ____________, and ____________, the agencies of the all-merciful One." (173)

15. "The strength of nations ... is measured by the fidelity with which they fulfill God's purpose." (175) Consider Bible illustrations. (175-177)
   __________________________________________________________________________
   __________________________________________________________________________

16. "To every ______________ and to every ______________ of today God has assigned a ______________ in His great __________." (178)

17. How and why are the winds of strife being held back at the present time? (179, 180)
   __________________________________________________________________________

18. Consider the several Old Testament texts that have application to the approaching end of the sinful world's history. (180-182)

19. Did the prophets always understand the meaning of what they wrote? Explain. (183)
   __________________________________________________________________________

20. "At this time, . . . , men are ________________ in the ______________ and the pursuits of __________. Engrossed with the __________ and ____________, they have lost sight of the ____________ and ____________." (183)

21. From the chapter "Bible Teaching and Study," make three lists:
   One: Qualities of good teaching ________________
   __________________________________________________________________________
   Two: Content in teaching ________________
   __________________________________________________________________________
   Three Methods that should be used ________________
   __________________________________________________________________________

22. What subject is best adapted to awaken interest in little children? (185)
   __________________________________________________________________________

23. "The teaching of the __________ should have our freshest ____________, our best ____________, and our most earnest ____________." (186)
24. Which hours of the day should be the sweetest and most helpful? (186)

_________________________________

______________________________________________

25. What gave power to Abraham's teaching? Provide a prime example. (187)

_________________________________

26. "In teaching children the Bible, we may gain much by observing the _________ of their minds, the _________ in which they are ________________, and arousing their interest to see what the _______________ says about these __________." (188)

27. We are to search the pages of the Bible, "not for _________ to sustain our ________________, but in order to know _________ _________ _________." (189)

27. How only can a true knowledge of the Bible be gained? (189)

_________________________________

28. Describe the verse-by-verse method of the study of the Bible. What are its advantages? (189)

________________ ______________________________________________

29. What several things should the Bible student know regarding the great controversy? (190)

________________ ______________________________________________

30. What two books of the Bible are especially recommended as being connected together in study? Why? (191) _______ ______________________________________________

31. Is the following statement true or false? Explain your answer. The study of the Bible should be restricted to a special time and place. (191) _______ _________________ _________________

32. What are the results to the student of becoming acquainted with Christ in the Scriptures? (192) _________________ ______________________________________________
LESSON SEVEN--PHYSICAL CULTURE

Reading assignment: pages 195-222

1. "Whatever promotes ___________ ____________, promotes the development of a ________ ________ and a __________________________ character." (195)

2. Why should health be "as faithfully guarded as the character?" (195)
   __________________________________________
   __________________________________________

3. "The laws that govern our physical ________________, God has written upon every ________, ____________, and ____________ of the body. Every ________________ or _________ violation of these laws is a _________ against our Creator." (196, 197)

4. "The ________________ power of the brain, promoted by ________________ ________________, vitalizes the whole _____________ , and is thus an _________________ aid in resisting ________________." (197)

5. Contrast the positive and negative effects of emotions and actions on the body. (197)
   __________________________________________
   __________________________________________

6. In what several ways does a correct position in sitting and standing affect us morally? (198, 199)
   ____________________________
   ____________________________
   ____________________________

7. How does the training of the voice affect our bodies? (199)
   __________________________________________

8. When we speak or sing, the strain should come on "the muscles of the ________________ rather than on those of the ____________." (199)

9. List three qualities of speaking that we should cultivate. (199)
   __________________________________________
   __________________________________________
   __________________________________________

10. A ________ ________ will promote ____________ and stimulate mental action. (200)

11. What should the knowledge that our bodies are the temple of God do for us? (201)
    __________________________________________

11. The root of intemperance is more than the use of alcohol and tobacco. It can be caused by ________________, lack of ________________, or evil ________________. (202)
13. "Anything that disorders ______________, that creates undue ___________ ________________, or in any way ________________ the system ... tends toward intemperance." (203)

14. List five foods that are active causes of indigestion. (203)

15. "Flesh food ... tends to ________________ the nerves and to ___________ the passions, thus giving the __________ of power to the lower _________________." (203)

16. Why is appetite not a safe guide in the selection of food? (204)

17. "____________, __________, __________, and __________________ in proper ______________, contain all the elements of ________________; and when properly prepared, they constitute the __________ that best promotes both __________ and __________ strength." (204, 205)

18. Illustrate how food is to be adapted to the eater. (205)

19. What are some of the results of overeating, even of the most wholesome food? (205)

20. What are some of the advantages of two meals a day? (205)

21. What should be the atmosphere of mealtime? (206)

22. "Recreation ... tends to ________________ and build ____." (207)

23. By contrast what are some of the problems of amusement? (207)

24. "For the first eight or ten years of a child's life, the _______ or _________ is the best schoolroom, the __________ the best teacher, ________ the best lesson book." (208)

25. "The ______________ nerves that connect with the whole ______________ are the ______________ through which ______________ communicates with man and affects the ______________ life." (209)

26. What are some of the dangers of excessive study? (209)
27. What is a major problem with gymnastic exercises? (210)
______________________________________________

28. List several problems with playing games. (210, 211) ____
______________________________________________

29. "The true ______________ can impart to his pupils few ________ so valuable as the
_______ of his own ___ _____________________________." (212)

30. What double benefit will come as the result of recreation which makes a child or youth
helpful to others? (212, 213) _________________________________

31. "As a ______________ against evil, the ____________ ______ of the mind
______ with is worth more than unnumbered ______________ of ______________
and ____________." (213)

32. "At the creation, labor was appointed as a ____________." In what several ways does it
continue to be a part of God's plan for our recovery? (214) ______________________
______________________________________________

33. There are some that consider labor as degrading. However, what degrades more than honest
toil? (215) ____________ ____________________________________

34. What are some practical things that a boy should learn to make him useful in homemaking?
(216, 217) _____________________________________________ What are
some of the things a girl should learn to help her to be better fitted to meet the emergencies
of life? Make a modern application. ______________________________
______________________________________________

35. What are several Bible illustrations that God has honored the work of the everyday toiler?
(217) _________________________________________________

36. What are some of the subjects that should be taught in schools? (218)
_____________________________________________________
______________________________________________

37. "Every youth, on leaving ________________, should have acquired a __________ of
some ____________ or ________________ by which, if need be, he may earn a
___________________________." (218)

38. List some practical things that every missionary should know. (221)
_____________________________________________________
______________________________________________
LESSON EIGHT--CHARACTER BUILDING
PART I
Reading assignment: pages 225-249

1. Of true education it is said that "above _______________ it values ________; above ______________, goodness; above ______________ acquirements, _____________." (225)

2. What is the most important work ever entrusted to human beings? (225)

3. True education provides a counter influence for what three curses of our world? (225, 226)

4. What wrong practices in education encourage the system of "cramming?" (226)

5. What methods and materials ought to be avoided in the following study areas? (226, 227)
   (a) Language and literature _________________________ (b) Science _________________________
   (c) Bible study _________________________

6. What are some of the evils in the method of educating chiefly the memory? (230)

7. What are some of the evils of another extreme that teaches that man needs only to develop that which is within him? (230)

12. Consider some of the truths taught in two experiences where Christ taught only one person. See John 3 and 4. (231)

13. In His teaching Christ "watched the ______________ of His hearers, marked the lighting up of the ______________, the quick, responsive ______________, which told that __________ had reached the soul." (231)

10. What did Christ discern in every human being He dealt with? (232) What are the lessons in this for educators today?

11. What is more important than genius or talent when seeking success? (232)
12. For what reasons should we develop all our faculties, the weaker as well as the stronger? (232, 233)

13. Why is enthusiasm important in teaching? Discuss the illustration used. (233)

14. The teacher should not rest satisfied with any presentation until the students understand what three things. (234)

15. What priorities should teachers demand of students as they move through their education? (234)

16. What is the chief requisite of language? (235)

17. To what are gossip and criticism compared? (235)

19. List several things the Bible condemns in regard to our speech. (236)

20. Parents and teachers should give appreciation, sympathy and encouragement to children and yet not foster in them a love of praise. Why? (237)

20. History should be considered from the _____________ point of view. (238) Discuss some illustrations.

21. What kind of teaching should be done in connection with mathematics? (238, 239)

22. What are three elements of power that every parent and teacher should possess? (240)

23. List several qualities of true courtesy. (240)

24. "The essence of true _____________ is consideration for _____________." What so-called culture is a failure? (241)
25. True politeness is characterized by what *three* qualities? (241, 242)
_____________________________________
_____________________________________  

26. Where is the most valuable treatise on etiquette in the Bible? (242)
_____________________________________
_____________________________________  

27. "The hour and place of ___________ and the services of ___________
_______________ the child should be taught to regard as ___________ because
_______ is there." (242, 243)  

28. Study and discuss the *four* references that show how the place marked by God's special
presence should be regarded. (243) _______________________________________
_____________________________________

29. How do angels show reverence for the name of God? (243)
_____________________________________

30. "True reverence is shown by ________________." (244)  

31. Why do you think God has especially asked us to show respect toward the aged? (244)
_____________________________________

32. What are the implications of the fact that fathers and mothers and teachers have been made
representatives of God to children? (244, 245) __________________________________
_____________________________________

33. What are *two* of the teacher's most formidable rivals and most effective hindrances? (246)
_____________________________________
_____________________________________

34. List and discuss several of the potential bad effects of fashion upon the home. (246, 247)
_____________________________________
_____________________________________

35. What are some of the qualities that our Creator desires in regard to our clothing? (248)
_____________________________________
36. What *two* things will help to shield a young woman from a thousand perils? (248)

______________________________________________

37. What is the highest beauty in God's sight? (249) ________

______________________________________________

38. How can children clothe themselves with God's beautiful garment of character?
(249)_______________________ ______________________________________________
LESSON NINE--CHARACTER BUILDING
PART II
Reading assignment: pages 250-271

1. How are the giving of tithe and the keeping of the Sabbath to be instructive regarding God? (250, 251) _______________________________________

2. What counsel do we have regarding the study of the Sabbath School lesson? (251, 252) _____________________________

3. In what way can the value of the Sabbath sermon be extended beyond listening to it? (252) _______________________________________

4. Faith leads us to choose God's way instead of our ________, it accepts God's wisdom in place of our ____________, His strength in place of our ____________, His righteousness in place of our ____________. (253) _______________________________________

5. Consider the biblical illustrations of how those who trusted the Word of God have withstood the power of the whole world. (254) _______________________________________

6. "As a ____________ from ____________ and an inspiration to ____________, and truth, no other ____________ can equal the ____________ of God's ____________." (255) Consider the Bible texts that illustrate this point.

7. What are some of the best methods to deal with the following: (255-257)
   (a) The timid child ________________________________ (b) The child who is quick to resent injuries ____________ _______________________________________
   (c) The impulsive, self-sufficient, revengeful child _______ ____________________________

8. "Through ____________ in Christ, every ____________ of character may be ____________, every ____________ cleansed, every ____________ corrected, every ____________ developed." (257)

9. What three conditions are to be met if we are to claim God's promise? (258) _______________________________________

10. What are some of the things that we can ask for in prayer and know that we have received? (258) _______________________________________

11. "___________ prayer, ____________ prayer, have their place; but it is ____________ with God that sustains the soul life." (258)
12. Which of the following statements is correct? Explain your answer. (260)

(a) The Bible is a book of good moral instruction to be accepted when it is in harmony with the spirit of the times and our position in the world.
(b) The Bible is the Word of the living God that is to mold our actions, our words, and our thoughts.

13. Why do many fail in receiving the blessing of real communion with God? (260, 261)

14. What do you think is meant by the assertion that many a lad of today will yet stand in legislative assemblies and halls of justice and royal courts as a witness for the King of kings? (262)

15. What question needs to be put to every household, every school, every parent, teacher, and child? (263)

16. When we reject the privilege of fellowship with Christ in service, what do we really reject? (264)

17. Why is it wrong to consider life as generally made up of distinct periods? (265)

18. Why is it wrong for parents to discriminate between their children in the matter of education? (265-267)

19. What three basic rules ensure safe guidance in choosing an occupation? (267)

20. What types of people should be considered as "affording precious opportunity for service?" (268)

21. What are some of the obligations for young people in church relationships? (268, 269)
21. "Let them (youth) organize into bands for Christian service." Discuss how this might be implemented. (269)

22. What "university course" is superior to any that is offered on this earth? (271)

24. "With such an army of __________ as our __________, rightly __________, might furnish, how soon the __________ of a crucified, __________, and soon-coming ________________ might be carried to the whole __________!" (271)
LESSON TEN--THE UNDER TEACHER
Reading assignment: pages 275-297

The first chapter in this section affords a special opportunity to look for qualities of good teaching. As it is studied, a list could be made and used for discussion. See especially pages 277-279.

1. The child's first teacher is the ___________. Discuss this awesome responsibility. (275) ____________________________________________

2. Before becoming fathers and mothers, what subject should be especially studied by men and women? (276) __________ __________________________________________________________________

3. Complete the following sentence: "The teacher can gain the respect of his pupils in no other way than by __________
   ______________________________________________________________________. (277)

4. Why is physical vigor so important to successful teaching? (277)
   ______________________________________________________________________
   ______________________________________________________________________

5. How important to the teacher is respect and confidence of his pupils? (279)
   ______________________________________________________________________
   ______________________________________________________________________

6. Two extremes are often found in children and youth:
   (a) Those children who have had little or no discipline.
   (b) Those children who have been treated harshly.
   How does each approach affect the children? And what is the role of the teacher? (279, 280)
   ______________________________________________________________________
   ______________________________________________________________________

7. What are the values of the teacher's entering into social relation with the pupil? (280)
   ______________________________________________________________________

8. What are the dangers of showing partiality to students? (280)
   ______________________________________________________________________
   ______________________________________________________________________

9. Consider several of the Bible promises given to the teacher. (282)
   ______________________________________________________________________

10. What are some of the positive results of cooperation between teachers and students? (283, 284) ___________ ____________________________________________________________________
11. Why should parents endeavor to act together in training their children? (283)

12. For what reasons should criticisms or suggestions in regard to the teacher's work be made to him in private? (284)

13. What are the values to the teacher in becoming acquainted with the parents of students? (284, 285)

14. How can children from the earliest years be led to feel they are part of the home firm? (285)

15. How can the spirit of cooperation in the schoolroom be fostered? What will be the results? (285, 286)

16. How early in the child's life should he be taught to obey? (287)

17. "The object of discipline is _____________________________." (287)

18. Why is the effort to "break the will" of the child a terrible mistake? (288)

19. How should the discipline of the human being be different from that of an animal? Why? (288)

20. Why should the teacher make obedience to his requirements as easy as possible? (288, 289)

21. Give a definition of the will. (289)

22. Why is the parent or teacher who trains the child to self-control the most successful? (289)

23. What are the benefits of trusting children and youth versus suspicion? (289, 290)

24. "Lead the __________ to feel that they are __________, and there are few who will not ___________ to prove __________ worthy of the __________." (290)
28. Why is it better to request than to command? (290) ______
______________________________________________

29. "Rules should be few and well considered; and when once made, they should be enforced." What are the reasons for this? (290) ___________________________________ 
______________________________________________

30. What do youth need to understand about liberty? (291)
______________________________________________

31. "Continual ________________ bewilders, but does not ____________." (291)

32. "The true object of reproof is gained only when ________
______________________________________________
______________________________________________." (291)

33. When a parent or teacher is in danger of becoming impatient, what should be done? (292)
______________________________________________

34. What is the Saviour's rule in the training of children and youth? (292, 293)
______________________________________________

35. For what three reasons should expulsion from school become a necessity? (293)
______________________________________________

36. List some of the principal rules of discipline teachers should practice. (293, 294)
______________________________________________

37. What lessons can human teachers learn from the divine? (294, 295)
______________________________________________

38. Children and youth "should be taught that this world is not a ____________, but a ______________." (295)

39. What are three true tests of character? (295) ______
______________________________________________

40. "Something better" is the watchword of education, the law of all true living. What does this mean? Give some illustrations. (296, 297) ___________________________
______________________________________________
POSTGRADUATE STUDY
Reading assignment: pages 301-309

1. "Heaven is a______________; its field of study, the __________________; its teacher, the ___________ ____________." (301)

2. What three conditions that were in Eden will not be found in the school of the future life? (302)
   __________________________________________________________

3. How will the tree of life be different in heaven from what it was in Eden? (302)
   __________________________________________________________

4. What will we learn in heaven about the activity of angels during our earthly life? (304, 305)
   __________________________________________________________

5. What will some of the surprises be in eternity? (305, 306)
   __________________________________________________________

6. "There the ________________ and _______________ that God has planted in the ________ will find _____________ and sweetest _________________." (306)

7. "There every ________________ will be developed, every ________________ increased. The grandest ________________ will be carried forward, the loftiest ________________ will be reached, the highest ________________ realized." (307)

8. "All the treasures of the universe will be open to the study of God's children." In your imagination, what do you think some of these might be? (307)
   __________________________________________________________

9. What will be one of our rewards for working with Christ in this world? (308)
   __________________________________________________________

10. Why was the great controversy permitted to continue throughout the ages? (308)
    __________________________________________________________

11. What is our greatest joy and highest education in our life here? Will there be any difference in heaven? (309)
    __________________________________________________________

12. How will Christ be "rewarded" in heaven? (309)
    __________________________________________________________